# sit-stand.com®

## STANDING DESK MEGASTORE





































**Brochure 2019** 

Valid from 1<sup>st</sup> June

# FREE TRIAI

Mixing up standing and sitting is a wonderful new experience. Those who have tried it never look back.

That's why we allow our customers to test out over 30 solutions\* with ease and in confidence.















- 1. You tell us which solution(s) you wish to try out. We require either a deposit payment or you can give us a purchase order if we are to invoice you after 30 days
- 2. The 30-day period begins once the product has arrived at your chosen delivery location
- 3. We arrange for collection of the FREE Trial solutions at no cost to UK based customers
- 4. If you wish to return an item on trial, you must inform us within 30 days otherwise the invoice will be payable

flyTTa<sup>®</sup>1 flyTTa<sup>®</sup> 2

fivita 3

swopper°

muv•man

CLASSIC

GO

YO-YODESK®

**UP Stool SLIM** 

ONGO°

Steppie PRO

imprint\* LEAZN

MAT FREEDESK®



















<sup>\*</sup> Voucher codes may not be used with FREE Trial applications. Further terms and conditions apply as listed on our website

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## 1. Our Company





#### **Our mission**

To improve office workers' health & productivity at work with high quallity and affordable active office solutions.



#### About us



For decades standing desks were sold as "disability products" for people with back problems or "special ergonomic needs". Poor choice, poor service, unenlightened suppliers and very high prices were common place.



Sit-Stand.Com® was established in 2014 to offer a fresh, simple and more positive approach. As the Standing Desk Megastore, we focus exclusively on the supply of active office solutions by offering:

- Better range of solutions & value
- Unbeatable value
- Expert sales knowlege & support
- Free Active Working guidelines, seminars & training



Our company continues to grow very healthily. With 20,000 customers and over 200,000 of our active office solutions now moving up/down in the UK, EU, Middle East and USA.



We continue with great passion to build our range of high-quality solutions at affordable prices. We have recently launched in North America and have plans to get the whole world moving.

#### Benefits of standing at work



- · Kick start your metabolism
- Burn calories
- Improve blood circulation
- Improve posture
- Better breathing & oxygen flow to the brain
- Engage key muscle groups to avoid deterioration
- Improve concentration
- Reduce stress
- Reduce blood pressure
- Productivity increases

#### Why Sit-Stand.Com?



Sit-Stand.Com® is the UK's largest online exclusive supplier of active office furniture. We do our utmost to help you get moving.



Take advantage of our **30-day FREE** TRIAL available with over 20 solutions. Test out with peace of mind to make sure your solution suits you and your office environment.

Sit-Stand.Com® is official supplier to the Get Britain Standing® campaign which is responsible for the dramatic increase in public awareness of the sitting disease in recent years. We also sponsor On Your Feet®, a free workplace awareness day. Visit our website for free **On Your Feet**® official posters.













page 04

## 2. Sit-Stand Desks



- 2.1 Yo-Yo DESK® PRO
- 2.2 Flytta®
- 2.3 Standard Height solutions
- **2.4** Extra Height Economy solutions
- **2.5** Extra Height Premium solutions
- 2.6 Corner Desks L-Shape solutions with extra height
- 2.7 Control Panels
- **2.8** Desk Tops
- 2.9 Desk Accessories



## YO-YODESK®PRO



#### Overview

**Yo-Yo DESK® PRO** is our high-quality, German designed **executive sit-stand desk**.

Ergonomists recommend using optimal heights for BOTH sitting AND standing positions. This is simple using Yo-Yo DESK® PRO's digital display with **3 memory settings**.

- · Built from reinforced steel. Maximum strength & stability
- Dual motors to generate powerful lifting
- Exclusive Silent Motion<sup>™</sup> technology
- · Height adjustable up to 130cm

Control display

· Solid and very sturdy solution. 5-Year warranty



Frames available in Silver & White



- Built from reinforced steel to deliver maximum strength & stability
- 4 models: 2 step, 3 step, 3 leg, bench desk
- Dual motors. Powerful lifting up to 130cm. Suitable for all users heights
- Load capacity of 100kg. Exclusive Silent Motion™ technology
- Digital display with 3 memory settings
- Extendable frames available in either Silver or White to fit most desktop sizes
- Possible to retrofit to existing desktop. Or choose from 10 desktop colours
- 5-year warranty
- **Delivery**: Frame only [2 3 days]. With installation [7 12 days]

Yo-Yo DESK® PRO 2+ and Yo-Yo DESK® PRO 2







PRO 2+



**PRO 3+** 



BENCH



#### **Overview**

FLYTTA® (Nordic word for "move") is our high-performance sit-stand range from Sweden, the home of standing desks. Stylish, excellent value and built to last (7-year warranty).

FLYTTA® won the **Independent Newspaper** award for "Best Buy" standing desk.

- · Built from reinforced steel. Maximum strength & stability
- 7 different models to meet multiple workspace needs
- · Height adjustable up to 130cm
- Solid, Stylish and very sturdy solution. 7-Year warranty



Frames available in Black, Silver & White

#### **Key Features**

- Extendable high-grade steel frame
- Digital display memory switch option, so you can save your sitting/ standing heights for optimal ergonomics
- Lift capacity of up to 120kg and in built anti-collision technology for added safety
- "Frame only" option allows you to REUSE your existing desktop



Flytta® 2





2.3 Standard Height Sit-Stand Desks

#### YO-YODESK°PRO 2

DeskPro 1

**ш** flупта 1

Height Adjustment (Frame only):
Maximum Load Capacity:

Motors / Noise Level:

Control Switch:

Speed:

Anti-Collision / Overload Protection:

Frame Colour(s):

Frame Finish:

Frame Arm Length:

Frame Width Adjustment Range:

Height Adjustment Method:

Voltage Input:

Voltage Output:

CE Compliance:

Life (Cycles at full rated load):

Warranty:

**RRP** 

Frame only (ex. VAT & shipping)

70 - 120cm

100 kg (220 lbs) Basic up/down switch

2 Motors / ≤ 42dB

3.6cm/sec

YES / YES

Silver & White

Steel (powder coated)

58.5cm

109 - 155cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU [EN 527]

10,000

5 Years

£ 359.63

70 - 116cm

60 kg (135 lbs)

Basic up/down switch

1 Motor  $/ \le 50dB(A)$ 

1.7 - 2.0 cm/sec

NO / NO

Silver & White

Steel(powder coated) + Aluminium Legs

60 cm

110 - 170cm

Electric

AC 100-240V 0.90A 50/60Hz

28V 2.7A

EN 55014-1: 2017

10,000

2 Years

£ 399.95

71 - 121cm

80 kg (175 lbs)

Basic up/down switch

1 Motor / ≤ 42dB

3.2cm/sec

NO / NO

Silver & White

Steel (powder coated)

58cm

115 - 174cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

Machine Directive 2006/42/EC.

10,000

7 Years

£ 449.95











## 2.4 Extra Height **Economy**

## Sit-Stand Desks

#### YO-YODESK°PRO 2+

**№ flyпта**° 2

DeskPro 2X

Height Adjustment (Frame only	y)	:	
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Maximum Load Capacity:

Control Switch:

Motors / Noise Level:

Speed:

Anti-Collision / Overload Protection:

Frame Colour(s):

Frame Finish:

Frame Arm Length:

Frame Width Adjustment Range:

Height Adjustment Method:

Voltage Input:

Voltage Output:

CE Compliance:

Life (Cycles at full rated load):

Warranty:

#### **RRP**

Frame only (ex. VAT & shipping)

62 - 127cm

100 kg (220 lbs)

Digital Display (3 memory settings)

2 Motors / ≤ 42dB

3.6cm/sec

YES / YES

Silver & White

Steel (powder coated)

58.5cm

109 - 155cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU [EN 527]

10,000

5 Years

£ 439.96

64 - 130cm

120 kg (265 lbs)

Digital Display (3 memory settings)

2 Motors / ≤ 42dB

4.0cm/sec

YES / YES

Silver, Black & White

Steel (powder coated)

54cm

115 - 174cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU

10,000

7 Years

£ 549.95

63 - 128cm

80 kg (175 lbs)

Basic up/down switch

2 Motors  $/ \le 50dB(A)$ 

3.3cm/sec

NO / NO

Silver

Steel (powder coated) + Aluminium Legs

57cm

110 - 170cm

Electric

AC 100-240V 3A 50/60Hz

24V 6A

EN 55014-1: 2017

10,000

2 Years

£ 549.95







**4** 0333 22 00 375



## Sit-Stand Desks

un	®	
	DeskPro	
down	DCSKI 10	_

hushdesk

**™ flyTTa**® Royal

Height Adjustment (Frame only): Maximum Load Capacity:

Control Switch:

Motors / Noise Level:

Speed:

Anti-Collision / Overload Protection:

Frame Colour(s):

Frame Finish:

Frame Arm Length:

Frame Width Adjustment Range:

Height Adjustment Method:

Voltage Input:

Voltage Output:

CE Compliance:

Life (Cycles at full rated load):

Warranty:

**RRP** 

Frame only (ex. VAT & shipping)

61.5 - 127.5cm

100 kg (220 lbs)

Digital Display (3 memory settings)

2 Motors  $/ \le 55dB(A)$ 

3.9cm/sec

YES / YES

Silver & White

Steel (powder coated)

60cm

110 - 170cm

Electric

AC 220-230V 5A 50/60Hz

24V 288VA

EN 55014-1:2017

10,000

5 Years

£ 599.95

56 - 123cm

140 kg (300 lbs)

Basic up/down switch

2 LINAK Motors / ≤ 42dB

4cm/sec

YES / YES

Silver

Steel (powder coated)

61cm

110 - 160cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU

12,000

7 Years

£ 599.95

68 - 117cm

120 kg (265 lbs)

Digital Display (3 memory settings)

4 Motors / ≤ 42dB

4.0cm/sec

YES / YES

Silver, Black & White

Steel (powder coated)

80cm

130 - 180cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU

10,000

7 Years

£ 1,299.95







## 2.6 Corner Desks L-Shape

## Sit-Stand Desks

#### YO-YODESK®PRO 3H

flyπa³ 3

DeskPro 3X

DeskPro 3S

Height Adjustment (Frame only):

Maximum Load Capacity:

Control Switch:

Motors / Noise Level:

Speed:

Anti-Collision / Overload Protection:

Frame Colour(s):

Frame Finish:

Frame Arm Length:

Frame Width Adjustment Range:

Height Adjustment Method:

Voltage Input:

Voltage Output:

CE Compliance:

Life (Cycles at full rated load):

Warranty:

**RRP** 

Frame only (ex. VAT & shipping)

62 - 127cm

150 kg (330 lbs)

Digital Display (3 memory settings)

3 Motors / ≤ 42dB

3.6cm/sec

YES / YES

Silver & White

Steel (powder coated)

3 Angles. (W)158-219cm x (D)118-174cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

EMC Directive 2014/30EU [EN 527]

10,000

5 Years

£ 666.93

64-130cm

160 kg (350 lbs)

Digital Display (3 memory settings)

3 Motors / ≤ 42dB

4.0cm/sec

YES / YES

Silver & White

Steel (powder coated)

54cm

(W)155 - 214cm x (D)115 - 174cm

Electric

AC 100-240V 50/60Hz 450VA

23V 13A

Machine Directive 2006/42/EC.

10,000

7 Years

£ 749.95

63 - 128cm

80 kg (175 lbs)

Basic up/down switch

 $3 \text{ Motors} / \leq 50 dB(A)$ 

3.3cm/sec

NO / NO

Steel (powder coated) & Aluminium Legs

2 x 57cm & 1 x 25cm

(W)110 - 170cm x (D)120 - 140cm

Electric

AC 100-240V 3A 50/60Hz

24V 6A

EN 55014-1: 2017

10,000

2 Years

£ 799.95

61.5 - 127.5cm

100 kg (220 lbs)

Digital Display (3 memory settings)

3 Motors / ≤ 55dB

3.9cm/sec

YES / YES

Silver & White

Steel (powder coated)

3 x 60cm

(W)110 - 170cm x (D)110 - 165cm

Electric

AC 220-230V 5A 50/60Hz

288VA 24V

EN 55014-1: 2017

10,000

2 Years

£ 849.95













2.7 Control Panels Sit-Stand Desks

**Basic Up/Down** 

YO-YODESK®

👊 fiyπa°

DeskPro 1

DeskPro 2X

DeskPro S

Features:

Wellness Software:

Digital Display:

Compatible with:

NO NO

Yo-Yo DESK PRO 2 Yo-Yo DESK PRO 2+ Yo-Yo DESK PRO 3+ Yo-Yo BENCH

Up/Down only

NO

NO

Flytta 1 Flytta TEAM Up/Down only

NO NO

DeskPro 1 BenchPro

NO NO

DeskPro 2X

DeskPro 3X

Up/Down only

NO DeskPro S

NO

DeskPro 3S

Up/Down only

**RRP** 

**FREE** 

Up/Down only

**FREE** 

**FREE** 

**FREE** 

**FREE** 











**Memory Settings** 

Features:

Wellness Software:

Digital Display:

Compatible with:

**RRP** 

(Ex. VAT & shipping)

YO-YODESK®

3 Memory Settings

NO

YES

Yo-Yo DESK PRO 2 Yo-Yo DESK PRO 2+ Yo-Yo DESK PRO 3+ Yo-Yo BENCH

£ 60.00

👊 fiyπa°

4 Memory Settings

NO

YES

Flytta 2; Flytta 3 Flytta BENCH Flytta ROYAL Flytta FAMILY

£ 60.00

hushdesk

3 Memory Settings

YES (LINAK)

NO

HushDesk HushBench

f 24.95

hushdesk

3 Memory Settings

YES (LINAK)

YES

HushDesk HushBench DeskPro S

4 Memory Settings

NO

YES

DeskPro S DeskPro 3S

£ 59.95 £ 59.95













2.8 Desk Tops Sit-Stand Desks

#### Your desk. Your top.

You tell us what **colour**, **shape** and **size** desk top you want for your standing desk and we will deliver - faster than ever.

At Sit-Stand.Com® we know every office is different - so we've expanded our range of desk tops to ensure that every customer can have the sit-stand desk and top that suits their preference.

We offer a huge selection of desk top colours, shapes and sizes, and we can deliver them in as quickly as two days. So you can re-style your workplace with a bespoke adjustable standing desk to your precise needs, faster than ever.

The selection of colours, shapes and sizes comes as Sit-Stand.Com® continues to expand our range of standing desks including the Independent Newspaper award winning Swedish designed Flytta®, the new Yo-Yo DESK PRO®. DeskPro® and HushDesk®.

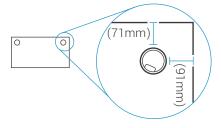
As the UK's No.1 standing desk company, we offer installation and delivery within 7 - 10 working days. Standard colour desk tops are available within 2 days and non-standard shapes are available in 3 - 4 weeks.

#### Top quality

- · Heavy duty laminate tops (25mm thick) are hard wearing, heat and scratch resistant
- MDF core is heat resistant to 180 centigrade
- Fitted with metal-to-metal fixings to ensure that the desks have the strongest possible construction

#### **Portholes**

All our desk tops come with portholes (grey covers). Please instruct us if you do not require port holes.

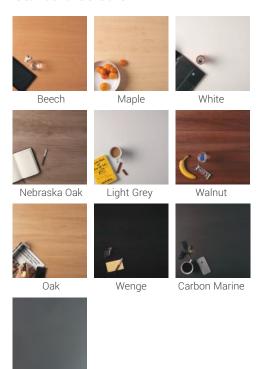


Right Corner

#### **FREE Colour Samples**

FREE mini samples of our desk top colour finishes are available upon request.

#### **Standard Colours**

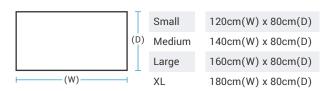


#### **Additional Colours\***

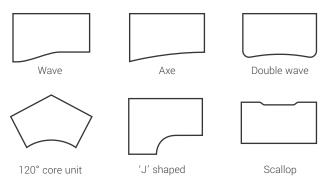
Dark Grev



#### **Standard Shape**



#### **Popular Shapes\***



#### **Custom Shapes and Sizes\***



\*Delivery of Non-Standard shapes, colours and sizes takes 4 - 6 weeks and subject to a surchage.



#### **Cable Baskets**

- To store power sockets, adaptors and cables
- 60cm long
- White only



#### **Cable Trays**

- To store power sockets, adaptors and cables
- Adjustable and universal length 60cm 120cm long
- · Silver or white



#### **Monitor Arms**

- Easily adjustable to optimise screen height and distance
- Single or dual screen. To meet budget requirements
- Heavy duty and gas assisted



#### **USB & Power Sockets**

- Combined 3-pin UK plug and USB socket
- White or black



#### **Modesty & Privacy panels**

- Privacy below or above your desk. No aesthetic impact
- Matchable to any desk top colour and width size
- 47cm deep or custom lengths



#### **Cable Spiral**

- · Keep multiple cables tidy in one spiral
- · Silver, white or black



## 3. Desk Risers









- 3.1 Yo-Yo DESK® CLASSIC
- 3.2 Yo-Yo DESK® SLIM
- Product Compare CLASSIC vs SLIM 3.3
- Product Compare CLASSIC vs VARIDESK 3.4
- 3.5 Yo-Yo DESK® GO



## YO-YODESK® CLASSIC

#### **Overview**

Yo-Yo DESK® CLASSIC is the best-selling standing desk. It is especially suitable for users who need more desktop space and weight load (ie monitors) to be placed on the desktop. Better functionality and pricing than its main competitors: Varidesk and Ergotron.

#### **Key Features**

- Smooth height adjustment: 15 adjustable heights
- Switch from sitting to standing in just 1 second using easy-press levers on each side
- Height extension: 15 50cm (Desktop), 0 35cm (Keyboard)
- · Split level worktop. Supports Single and Dual computer monitors and monitor arms
- · Aircraft grade gas-strut
- · 4 sizes: MINI, 90cm, 120cm and CUBE corner desk All Black or White
- · Wider and deeper keyboard tray for optimum ergonomic use
- · 15kg load capacity
- Easy install (5 minutes)
- 3-year warranty
- Delivery: 2 3 days



- · Best-selling standing desk
- Converts any desk to a standing desk
- 15 adjustable heights using double gas strut mechanism
- · Larger frame with deeper table-top (59cm deep)



Available in both Black and White



Yo-Yo DESK® 90





90



120

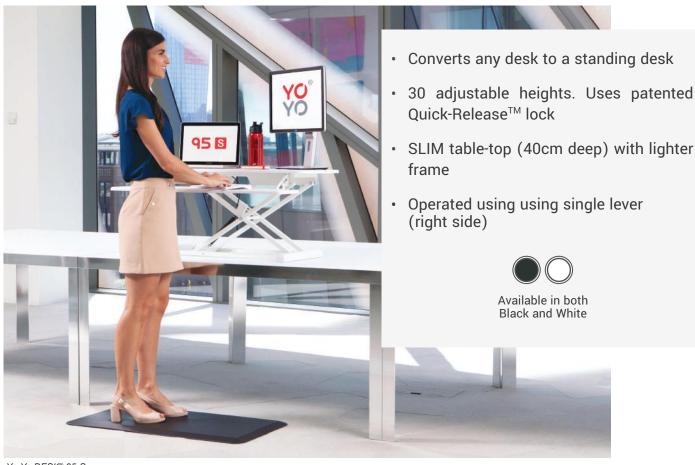


CUBE





## YO-YODESK® SLIM



Yo-Yo DESK® 95-S



#### Overview

Yo-Yo DESK® SLIM has 30 adjustable heights and glides more lightly due to its lower weight.

Yo-Yo DESK® SLIM is more suitable for users who need less desktop space or users who need to have more height adjustment options at the lower level.

#### **Key Features**

- Smooth height adjustment: 30 adjustable heights
- · Switch from sitting to standing in just 1 second using easy-press lever on right side
- Height extension: 10 50cm (Desktop), 0 38cm (Keyboard)
- Split level worktop. Supports Single and Dual computer monitors and monitor arms
- Aircraft grade gas-strut
- 3 sizes: 80cm, 95cm and CUBE corner desk. All Black and White
- SLIM table-top (40cm deep) with lighter frame
- · 15kg load capacity
- Easy install (5 minutes)
- · 3-year warranty
- Delivery: 2 3 days



## YO-YODESK® CLASSIC

#### **Features**

- · Larger frame and a deeper desk top
- 59cm desktop depth. More desk space
- 15cm distance between desk top and keyboard tray levels
- Larger footprint. Requires more space on existing desk
- More robust and stable (at highest position)
- Two handles needed to operate transition up/down (one on each side)
- Dual gas struts (small)

## Height adjustment

· 15 adjustable heights

· Suitable for users: 5' 0" (150cm) - 6' 0" (182cm)

• Desktop height range: 15 - 50cm

 Keyboard height range: 0 - 35cm

## **Popularity**

Best-selling range

## **Product** images



(Inc. VAT & Shipping)

249.95

£ 299.95

£ 359.95

£ 359.95

## YO-YODESK® SLIM

- · Lighter frame and a slimmer desk top
- 40cm desktop depth (ie 19cm slimmer)
- 12cm distance between desk top and keyboard tray levels
- Thinner footprint. Takes up less space on existing desk
- Slightly less stable (at highest position)
- One handle needed to operate transition up/down (right hand side)
- Single gas strut(large)

#### · 30 adjustable heights

4' 0" (120cm) - 6' 2" (190cm) Suitable for users:

· Desktop height range: 10 - 50cm Keyboard height range: 0 - 38cm

NFW





£ 199.95







£ 269.95

CUBE 8

#### Desk Risers

## CLASSIC

Small MINI

Medium

90

Large 120

Corner CUBE

**SLIM** 

Small

Medium

80-S

95-S

Corner **CUBE-S** 

#### YO-YODESK<sup>®</sup>MINI

Height Adjustment: Keyboard: 0-35cm; Worktop: 15-50cm Worktop Dimensions: Width(W): 68cm x Depth(D): 59cm **Keyboard Tray Dimensions:** W: 68cm x D: 32cm Combined Depth: 78cm Maximum Load Capacity: 15 kg (33 lbs)

Warranty:

Product Weight (Unpackaged):

**RRP** (inc VAT & Shipping)

Colour(s):

£ 249.95

20 kg (44 lbs)

3 Years

Black and White



## YO-YODESK®80 5

Keyboard: 0-38cm; Worktop: 10-50cm Height Adjustment: Worktop Dimensions: Width(W): 80cm x Depth(D): 40cm **Keyboard Tray Dimensions:** W: 80cm x D: 30cm Combined Depth: 61cm 15 kg (33 lbs) Maximum Load Capacity: Product Weight (Unpackaged): 16 kg (35 lbs) Colour(s): Black and White Warranty:

**RRP** (inc VAT & Shipping)



#### YO-YODESK°90

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 89cm x Depth(D): 59cm W: 89cm x D: 32cm 78cm 15 kg (33 lbs) 24 kg (53 lbs) Black and White 3 Years

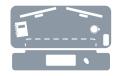
£ 299.95



#### YO-YODESK°95 8

Keyboard: 0-38cm; Worktop: 10-50cm Width(W): 95cm x Depth(D): 40cm W: 95cm x D: 30cm 61cm 15 kg (33 lbs) 18 kg (40 lbs) Black and White 3 Years

£ 249.95



#### YO-YODESK® 120

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 119cm x Depth(D): 59cm W: 89cm x D: 32cm 78cm 20 kg (44 lbs) 27 kg (59.5 lbs) Black and White 3 Years

#### £ 359.95



#### YO-YODESK\*CUBE

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 105cm x Depth(D): 59cm W: 89cm x D: 33cm 78cm 20 kg (44 lbs) 24 kg (53 lbs) Black and White 3 Years

£ 359.95



#### YO-YODESK°CUBE 13

Keyboard: 0-38cm; Worktop: 10-50cm Width(W): 95cm x Depth(D): 45cm W: 95cm x D: 30cm 66cm 15 kg (33 lbs) 18 kg (40 lbs) Black and White 3 Years

£ 269.95





**4** 0333 22 00 375

## YO-YODESK® CLASSIC

#### **Features**

- Height adjustable to **50cm**
- Rises vertically in a straight position
- Rectangular worktop with more usable working space
- Uses a gas strut mechanism, which is silent and smooth
- · Larger footprint so more sturdy at full-standing height
- · 3-year warranty

## Height adjustment

- · 15 adjustable heights
- 5' 0" (150cm) 6' 0" (182cm) · Suitable for users:
- · Worktop height range: 15 - 50cm

**Popularity** 

- Best-selling range
- **Product**









CUBE

## VARIDESK® PRO PLUS

- Height adjustable to 44cm
- · Comes forward 12 inches(30cm) when at full standing height
- Curved worktop with inset so less usable working space
- · Uses a spring loaded mechanism, which is noisier
- Thinner footprint. Less stable at higher heights
- · 1-year warranty
- · 12 adjustable heights
- 5' 0" (150cm) 5' 10" (175cm) · Suitable for users:
- · Worktop height range: 11 - 44cm
- Original standing desk solution

images









CUBF 36

RRP (Inc. VAT & Shipping) £ 249.95

£ 299.95

£ 359.95

£ 359.95

£ 325.00

£ 365.00

£ 425.00

£ 425.00

## **Desk Risers**

## CLASSIC

Small MINI

Medium 90

Large 120

Corner **CUBE** 

PRO PLUS

PRO PLUS 30

PRO PLUS 36

**CUBE CORNER 36** 

Small

Medium

Large PRO PLUS 48

Corner

#### YO-YODESK°MINI

Height Adjustment:	Keyboard: 0-35cm; Worktop: 15-50cm
Worktop Dimensions:	Width(W): 68cm x Depth(D): 59cm
Keyboard Tray Dimensions:	W: 68cm x D: 32cm
Combined Depth:	78cm
Maximum Load Capacity:	15 kg (33 lbs)
Product Weight (Unpackaged):	20 kg (44 lbs)
Colour(s):	Black and White
Warranty:	3 Years

**RRP** 

(inc VAT & Shipping)

£ 249.95



#### YO-YODESK°90

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 89cm x Depth(D): 59cm W: 89cm x D: 32cm 78cm 15 kg (33 lbs) 24 kg (53 lbs) Black and White 3 Years

£ 299.95



#### YO-YODESK°120

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 119cm x Depth(D): 59cm W: 89cm x D: 32cm 78cm 20 kg (44 lbs) 27 kg (59.5 lbs) Black and White 3 Years

£ 359.95



#### YO-YODESK°CUBE

Keyboard: 0-35cm; Worktop: 15-50cm Width(W): 105cm x Depth(D): 59cm W: 89cm x D: 33cm 78cm 20 kg (44 lbs) 24 kg (53 lbs) Black and White 3 Years

£ 359.95



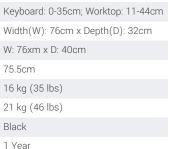
#### VARIDESK\* PRO PLUS 30

Height Adjustment	Keyboard: 0-35cm; Worktop: 11-44cm			
Worktop Dimensions	Width(W): 76cm x Depth(D): 32cm			
Keyboard Tray Dimensions	W: 76xm x D: 40cm			
Combined Depth	75.5cm			
Maximum Load Capacity	16 kg (35 lbs)			
Product Weight (Unpackaged)	21 kg (46 lbs)			
Colour(s)	Black			

**RRP** 

Warranty

(inc VAT & Shipping)



£ 325.00



#### VARIDESK° PRO PLUS 36

Keyboard: 0-35cm; Worktop: 11-44cm
Width(W): 91.5cm x Depth(D): 31cm
W: 91.5cm x D: 36cm
75.5cm
16 kg (35 lbs)
24 kg (53 lbs)
Black and White
1 Year

£ 365.00



### VARIDESK® PRO PLUS 48

Keyboard: 0-35cm; Worktop: 11-44cm
Width(W): 122cm x Depth(D): 35cm
W: 122cm x D: 32cm
75.5cm
20 kg (44 lbs)
27 kg (60 lbs)
Black
1 Years

£ 425.00



#### VARIDESK\* CUBE CORNER 36

Keyboard: 0-35cm; Worktop: 11-44cm Width(W): 91.5cm x Depth(D): 50cm W: 91.5cm x D: 45.5cm 85cm 16 kg (35 lbs) 28 kg (62 lbs) Black 1 Years

£ 425.00



## YO-YODESK®GO

#### Overview

Yo-Yo DESK® GO effortlessly transforms any desk into a personalised sit-stand desk. The height adjustable keyboard tray glides up/down to any height. Flexible monitor movement capability enables swivel, rotation and tilt thereby making it the optimal ergonomic sit-stand solution.

#### **Key Features**

- · Height adjustment on a vertical pole promotes optimal ergonomic positioning
- Enables user to develop faultless sit-stand working posture
- · Effortlessly lifts to the correct height
- · Wide range of movement capability which allows for swivel, rotation and tilt to match different viewing angle needs
- · Storage organiser and embedded rack will hold most tablets and phones
- · Cable management at rear of pole will keep cables organised for a clean clutter-free look
- Detachable VESA plate for installation easy. 15 30 minutes simple assembly
- · 3-year warranty
- Delivery: 2 3 days



3.5 Yo-Yo DESK® GO **Desk Risers** 

GO

Single monitor GO 1 **Dual monitors** GO 2

#### YO-YODESK°GO

Height Adjustment:	Monitor: 35-107cm; Worktop: 2.5-49cm		
Worktop Dimensions:	Width(W): 76cm x Depth(D): 48cm		
Maximum Load Capacity:	7 kg (15 lbs)		
Product Weight (Unpackaged):	25 kg (54 lbs)		
Colour(s):	Black and White		
Warranty:	3 Years		

£ 299.95 **RRP** 

(inc VAT & Shipping)



#### YO-YODESK°GO 2

Monitor: 35-107cm; Worktop: 2.5-49cm
Width(W): 76cm x Depth(D): 48cmm
12 kg (26 lbs)
27 kg (60 lbs)
Black and White
3 Years

£ 349.96



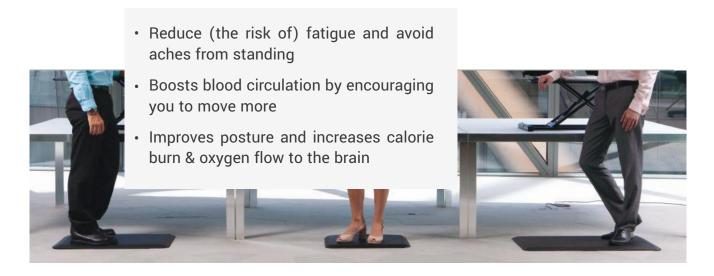


## 4 Active Feet

#### **Overview**

It's important to avoid prolonged bouts of both sitting and standing. To avoid static standing - it is essential to move easily and often.

This is why health experts believe anyone using a standing desk should use an active feet solution ie anti-fatigue mat or wobble board





#### **Key Features**

- Yo-Yo MAT® is the UK's best-selling anti-fatigue mat
- Anti-slip base and puncture resistant
- Excellent strength and durability
- 3 sizes: MINI, Medium and Large
- · 10-year warranty













#### **Key Features**

- · Imprint DELUXE Cumulus PRO® is America's award winning anti-fatigue mat
- · Anti-slip base and puncture resistant
- · Unbeatable strength and durability
- 4 colours: Black, Brown, Grey and Dark Grey
- 10-year warranty



## Steppie

#### **Key Features**

- Steppie® is the "best in class" wobble board designed by experts
- Steppie® encourages you to move with the correct **pronation** which avoids strains to the ankles, knees, hips and back
- 2 models: Steppie® and Steppie® Soft Top



## 5. Our Expertise: Standing Out

- **5.1** Professional Expertise
- **5.2** Installation Expertise
- **5.3** Education & Training



## **5.1 Professional Expertise**

## Our Expertise: Standing Out

#### Making a difference

Each member of the Sit-Stand.Com® team is dedicated to making sure you receive unbeatable service:

**Optimum solutions** 

Once we understand your specific requirements, we can advise you on the optimum solution(s).

Save time & money

By buying direct you save. This is because we own several best-selling brands.

We go further

Offering FREE education and training to help UK customers maximise the return on investment and ensure best practice.

**Extended warranties** 

For some products we may be able to offer extended warranty periods. Please speak to our sales team for details.

#### **Professional Process**

We follow a simple process to make sure we deliver to your needs - on time and on budget:

**Specification** 

Collecting information necessary to match your bespoke requirements, company/people culture, office environment and budget.

Extensive range

We will advise you through the complete range on our website. We may be able to source alternative solutions for you if required.

**FREE Trial** 

Test out any of our products free for up to 30 days so you can be sure you have the perfect solution (UK customers only).

Tailored solutions

If you have any a bespoke requirement, we will do our best to fulfil your needs.

**Installation experts** 

Our team of 20 installers have extensive experience in dealing with complex and large-scale fitout projects.

Free training

To help you maximise sit-stand usage, project cost-effectiveness & return on investment - we offer a range of educational services.

After care

Share your experience with us. We are official partners of Active Working® and can deliver additional training and support.



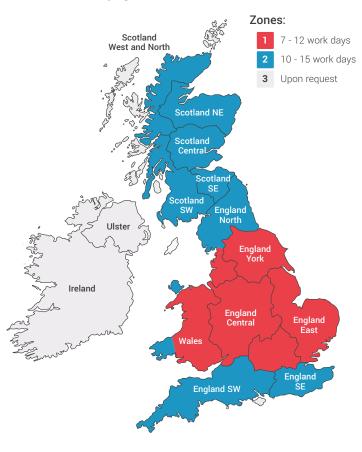
## **5.2 Installation Expertise**

## Our Expertise: Standing Out

Our team of **20 installation experts** have extensive experience in dealing with complex and large-scale fitout projects.

#### **Installation Lead Times**

We operate out of 2 warehouses (Newbury and Leicester) with varying desk installation lead times.



#### **Project Expertise**

Our installers have experience in large office, retail and leisure project fit-outs. Each member of the team prides themselves on:

- Attention to detail
- Careful handling of products
- Having a flexible and hands-on approach to our customers' needs

#### **High Quality, Professional Service**

Each member of the team is dedicated to delivering the highest standard of professional service on both installation and logistics:

- **CSCS** registered
- Carry comprehensive toolkits
- Conversant in material handling techniques
- First aid and health & safety knowledge
- Personal touch

#### What More Can We Do?

Every installation is different so if agreed in advance, we may be able to provide additional service:

- Storage, distribution, installation and reconfiguration work for clients in our warehouse prior to fit-out or deliveries direct to client site
- Offload, unpack and install furniture to instructions and/or drawings
- Remove and recycle all packaging. The products and area are left clean and tidy

- Site clearance disposal/recycling of unwanted furniture, is guoted on a case by case basis for an additional fee
- We can also quote you for additional re-configurations ie disassembly, reassembly and re-positioning of existing furniture



## Our Expertise: Standing Out



#### Office workers sit for 10 hours each day

Growing international scientific research concludes that excessive and prolonged sitting (irrespective of level of physical activity) may lead to increased risks of:

**Heart disease** 

**Mental health** 

Backache

Diabetes(T2)

**Multiple cancers** 



Research shows us that training and best-practise knowledge increases sit-stand usage by 300%. That's why Sit-Stand.Com offer a range of free training and educational services.

Our fully integrated expert approach means our clients source the optimal mix of solutions with the necessary training and support to maximise the benefits and return on investment.

**Active Working Guidelines** 

Research shows that training is the best way to ensure sit-stand desks are used properly and regularly. The target is to reduce regular office sitting time by a minimum of 2 hours a day by a series of regular activity interruptions which include standing at your desk, standing in meetings, walking meetings and ad hoc movement activities. We offer a FREE Guide to Active Working and how it can deliver measurable improvements in employee health, productivity & engagement.

**Sit-Stand User Guidelines** 

Follow the best-practises as recommended by ergonomists and wellness experts. We offer FREE Sit-Stand User Guidelines for users of desk risers and sit-stand desks.

**Active Working Seminar** 

We pay for an expert thought leader to come to your office and present an Active Working Seminar to corporate clients. Active Working Wheel® increases employee wellness and performance through break-up and reduction of workplace sedentary behaviour.



## 6. Message from our Owner - Gavin Bradley



In my 30 years of international marketing & consultancy experience with elite football clubs and multinationals (Liberty Global, Cable & Wireless, Coca Cola and Unilever), it wasn't until I spent a short spell working with a drug and alcohol abuse charity in Sweden that I first saw a standing desk in 2013. Who would have thought that this would lead to a complete change of direction in my life?

In Sweden standing desks have been around since the mid 90's, and whilst most people have them few are able to explain why - or what benefits they offer. Curious as I am, I wanted to learn more. On returning to the UK I watched a BBC medical documentary called "Trust Me I'm a Doctor" - revealing that blood sugar levels reduced after people stood - especially after meal times.

I became fascinated and started digging for further evidence. I soon uncovered a plethora of health risks associated with prolonged sitting and growing scientific evidence of the benefits of interrupting sitting with standing and light activity.

Passionate as I am about the importance of physical activity in combatting the growth of obesity and associated public health risks, I decided to set up the Get Britain Standing campaign which immediately attracted media attention. My motto soon became "Fake it until you make it" as no-one was championing the issue of prolonged sitting and the research was too fragmented and needed to be made "Simple Stupid". The furniture industry was also not helping by selling ergonomic furniture at prohibitively high prices and marketed as "disability solutions".

#### The sitting disease needed focus and strong leadership.

As founding director of Active Working CIC in 2013, I take great pride in driving the growth of awareness, thought leadership and advocacy for the multiple benefits of sitting less and moving more by office workers in the workplace.

Active Working® CIC now operates Get Standing® campaigns in Great Britain, Australia, USA and Canada. These campaigns have risen awareness and understanding of the health risks connected with sedentary working of office workers from 15% to nearly 65% since 2013.

In 2014, I commissioned and co-wrote the first global Expert Statement on standing & light activity time for office workers (with financial support from **Public Health England**) and lead expert authors: Professor John Buckley and Professor David Dunstan. These quidelines were published by the British Journal for Sports Medicine in June 2015 and now serve as a benchmark for subsequent research projects.

Whilst it is with great pleasure that I have devoted the last 5 years to improving office workers health, I will not be fully satisfied until a provision of a standing desk becomes a basic work right for office workers everywhere, following the lead of Denmark where it is now the law

I am committed to building Sit-Stand.Com into the world's favourite Standing Desk Megastore and ensuring that our solutions are used to maximum impact. Finally, few people know that user education will increase sit-stand desk usage by a multiple of FOUR times. Hence, we offer FREE Active Working Seminars and user guidelines to our corporate clients.

Thank you for reading and healthy wishes to you,

**Gavin Bradley** 

Managing Director of Sit-Stand.Com Founding Director of Active Working



## 7. Price List: Valid from 1st June 2019

				RRP		Delivery Time
	Model	SKU	Inc. VAT Inc. Shipping	Ex. VAT Inc. Shipping	Unit Installation	Days
Desk Risers	Yo-Yo DESK® MINI	YD-C-MIN	£ 249.95	£ 208.29	£ -	2 - 3 Days
Risers	Yo-Yo DESK® 90	YD-C-90	£ 299.95	£ 249.96	£ -	2 - 3 Days
	Yo-Yo DESK® 120	YD-C-120	£ 359.95	£ 299.96	£ -	2 - 3 Days
	Yo-Yo DESK® CUBE	YD-C-CUB	£ 259.95	£ 299.96	£ -	2 - 3 Days
	Yo-Yo DESK® 80-S	YD-S-80	£ 199.96	£ 166.63	£ -	2 - 3 Days
	Yo-Yo DESK® 95-S	YD-S-95	£ 249.95	£ 208.29	£ -	2 - 3 Days
	Yo-Yo DESK® CUBE-S	YD-S-CB	£ 269.95	£ 224.96	£ -	2 - 3 Days
	Yo-Yo DESK® GO 1	YD-G-1	£ 299.95	£ 249.96	£ -	2 - 3 Days
	Yo-Yo DESK® GO 2	YD-G-2	£ 349.96	£ 291.63	£ -	2 - 3 Days
	Yo-Yo DESK® LITE	YD-LT	£ 199.95	£ 166.63	£ -	2019 July
	Yo-Yo DESK® LEARN	YD-LN-2	£ 299.95	£ 249.96	£ -	2 - 3 Days
Standing Desks	Yo-Yo DESK® PRO 2	YD-PRO-2	£ 427.95 (1)	£ 356.63 (1)	£ 60.00	7 - 12 Days (2)
Desks	Yo-Yo DESK® PRO 2+	YD-PRO-2P	£ 527.95	£ 439.96 (1)	£ 60.00	7 - 12 Days (2)
	Yo-Yo DESK® PRO 3+	YD-PRO-3P	£ 800.20 (1)	£ 666.83	£ 60.00	7 - 12 Days (2)
	Yo-Yo DESK® BENCH	YD-BENCH	£ 959.94 (1)	£ 799.95 (1)	£ 120.00	7 - 12 Days (2)
	Flytta® 1	EDGS	£ 539.94 (1)	£ 449.95	£ 60.00	7 - 12 Days (2)
	Flytta® 2	ADVS	£ 659.94 (1)	£ 549.95 (1)	£ 60.00	7 - 12 Days (2)
	Flytta® 3	ADVC	£ 899.94 (1)	£ 749.95 (1)	£ 60.00	7 - 12 Days (2)
	Flytta® TEAM	TEA	£ 1,199.95 <sup>(1)</sup>	£ 999.95 (1)	£ 60.00	7 - 12 Days (2)
	Flytta® BENCH	DUO	£ 1,439.94 <sup>(1)</sup>	£ 1,199.95 <sup>(1)</sup>	£ 120.00	7 - 12 Days (2)
	Flytta® ROYAL	CRO	£ 1,559.94 <sup>(1)</sup>	£ 1,299.95 <sup>(1)</sup>	£ 60.00	7 - 12 Days (2)
	Flytta® FAMILY	COL	£ 2,399.94 <sup>(1)</sup>	£ 1,999.95 <sup>(1)</sup>	£ 60.00	7 - 12 Days (2)
Mats	Yo-Yo MAT® MINI	YM-MIN-B	£ 49.95	£ 41.63	£ -	2 - 3 Days
	Yo-Yo MAT® M	ҮМ-М-В	£ 59.95	£ 49.96	£ -	2 - 3 Days
	Yo-Yo MAT® L	YM-L-B	£ 69.95	£ 58.29	£ -	2 - 3 Days

#### Notes:

- (1) Frame only price. If no installation required contact us for a pallet delivery quote.
- $^{(2)}$  Delivery and Installation fee is £60 ex VAT per unit. Installation service has a 7 12 day lead time. Discounts will be offered for orders of 10+ units. Other locations and larger volumes to be quoted separately.
- (3) Desktop Colours: STANDARD COLOURS: White, Beech and Maple only. OTHER COLOURS and sizes are available.

Desk Tops	Inc. VAT Inc. Shipping	Ex. VAT Inc. Shipping
Small (S) 1200x800mm	£ 72.00	£ 60.00
Medium (M)1400x800mm	£ 96.00	£ 80.00
Large (L) 1600x800mm	£ 108.00	£ 90.00
Extra Large (XL) 1800x800mm	£ 120.00	£ 100.00





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